

LYME & CO-INFECTIONS



IAH WELLNESS

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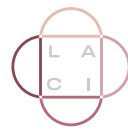
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IAH WELLNESS represents and warrants that all medical treatments offered by our clinic are performed by licensed healthcare professionals who are qualified to provide such treatments. We further represent and warrant that our clinic is in compliance with all applicable laws, rules, and regulations governing the provision of medical services.

IAH WELLNESS that we will use reasonable care and skill in providing our medical treatments, and that our treatments will be safe, effective, and administered in accordance with the highest standards of care. We also

warrant that we will take all necessary steps to ensure the confidentiality of our clients’ personal information.

IAH WELLNESS do not make any other representations or warranties, whether express or implied, regarding our services, and we expressly disclaim any warranties of merchantability, fitness for a particular purpose, and non-infringement. We do not guarantee any particular results from our treatments, as individual results may vary based on a variety of factors.

In no event shall **IAH WELLNESS** be liable for any damages or injuries resulting from the use of our services, except as may be required by applicable law. Our liability shall be limited to the amount paid by the client for the particular service in question.

By receiving our services, clients acknowledge that they have read and understood this clause and agree to its terms.



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INTRODUCTION

IAH Wellness welcomes you to the principality of Andorra. Nestled in the peaks of the stunning Pyrenean Mountain range, our partner clinic “Clínica Omega Zeta” is located in the principality's capital city of Andorra La Vella.

Our goal is for our patients to be able to fully focus on their healing journey; and to facilitate this we have created a comprehensive support package. Alongside the medical treatments, we also provide airport transfers, comfortable and spacious accommodation in associated hotels, an all-inclusive diet plan, and 24-hour service.

Located in the heart of the city center, IAH Wellness at “Clínica Omega Zeta” is ideally situated for our patients and their travel companions to enjoy easy access to the many wonderful restaurants and shops Andorra La Vella has to offer.

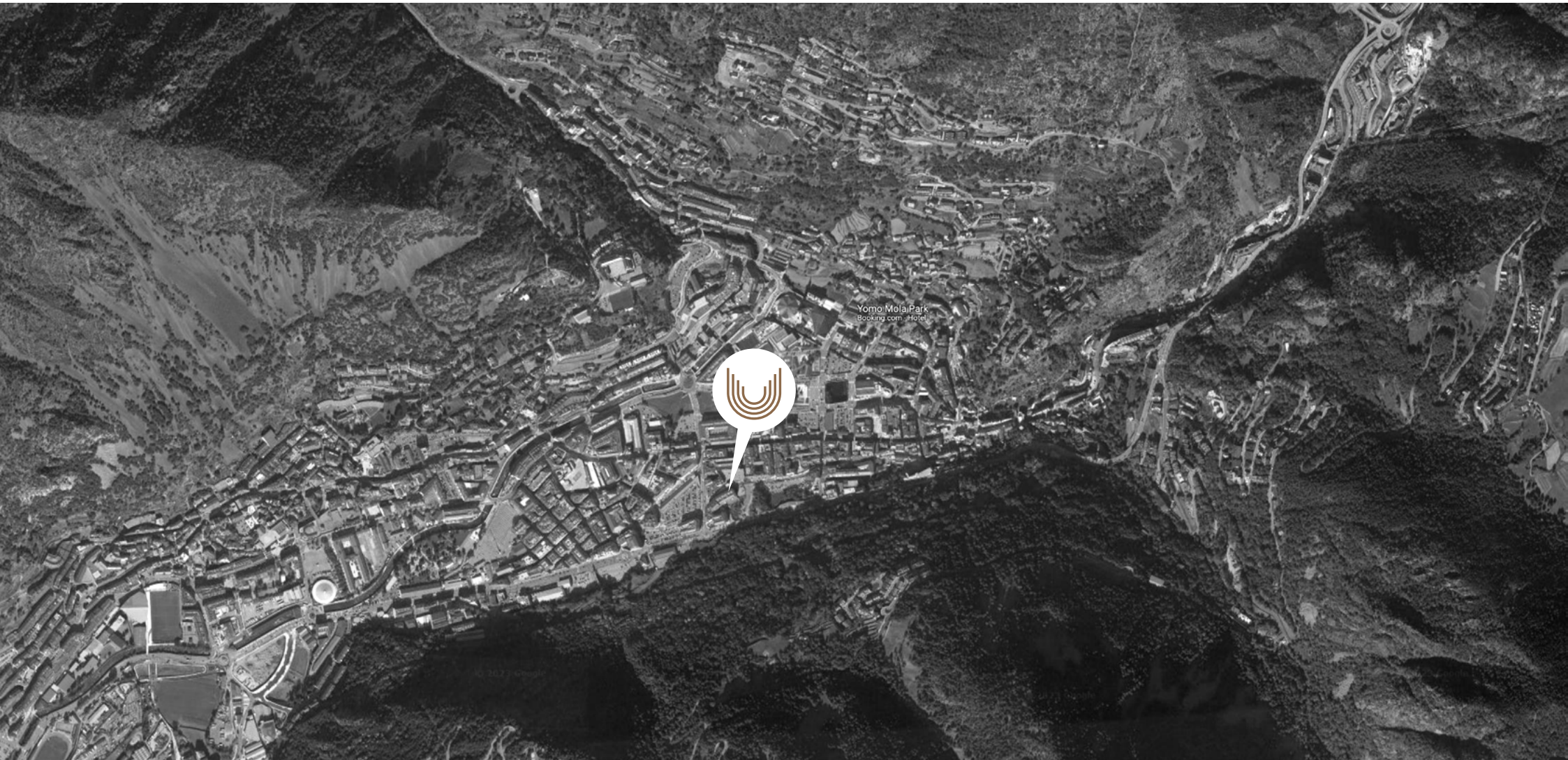






L O C A T I O N

01



LOCATION

Andorra la Vella is the capital of the Principality and the highest capital city in Europe. Located in the central valley of the country, it has an average altitude of 1,050m (3445 Ft); the high altitude is positively supportive to the immune boosting treatment protocols offered at the clinic.

Getting There:

Andorra la Vella can be reached by several modes of transportation:

By Air: The nearest airport is in Toulouse, France, about a 2-hour drive from Andorra la Vella. The biggest nearby airport is Barcelona, Spain, about a 3-hour drive from Andorra la Vella.

By Car: Andorra la Vella is located between France and Spain, so you can drive from either country to reach the city.

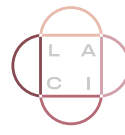
By Train: The closest train station is in Latour-de-Carol, France, which is approximately a 2-hour drive from Andorra la Vella.

Nature: Andorra la Vella has a wealth of exceptional natural beauty, with extraordinary local flora and fauna. The area is presided over by the majestic Madriu-Perafita-Claror Valley, which has been declared a UNESCO Heritage Cultural Landscape.

Shopping: Andorra la Vella is a shopping paradise. Whether you are looking for exclusive luxury brands or unique locally made pieces, it caters to all your retail needs!

Culture: The rich Andorran culture is expressed in Andorra la Vella through its historic architecture and prehistoric engravings to the most varied examples of musical, theatrical and museums.

High Altitude Sports: Sports lovers will find in Andorra la Vella an inexhaustible space for the practice of countless sporting activities; either in high quality sporting facilities, or in the natural environment which is perfectly suited to the pursuit of adventure





USEFULL INFO

02

USEFUL INFO

Language: The official language spoken in Andorra is Catalan alongside Spanish. English is widely spoken as a second language in Andorra, but Catalan is the official language. Many locals in tourist areas also French and Portuguese.

Cell Phone Coverage: Patient's should check with their carrier to see if they offer international roaming plans and if Andorra is covered by those plans. It's also a good idea to verify if there are any additional charges for using your phone abroad and to consider purchasing a local SIM card for your phone if you plan to be in Andorra for an extended period.

Health Insurance: Health insurance is required for all foreign visitors traveling to Andorra. Visitors from countries within the European Economic Area (EEA) should have a European Health Insurance Card (EHIC) to cover any necessary medical treatment during their stay in Andorra. Visitors from outside the EEA are strongly advised to purchase comprehensive travel insurance that includes emergency medical coverage. It's important to check with your insurance provider



for the specific details of your policy, including any exclusions or limits, and to carry your insurance documentation with you while traveling.

Upon confirmation of your treatment, IAH Wellness can provide details of a policy you can purchase if required.

Visa Requirements: Andorra is a small, landlocked country located between France and Spain in the Pyrenees mountains and is not a member of the European Union. Citizens of the European Union (EU) and European Free Trade Association (EFTA) countries do not require a visa to enter Andorra and can stay for up to three months. Citizens of other countries may require a visa to enter Andorra, depending on the country of origin and the length of stay.

Visitors from some countries may be able to enter Andorra with just a valid passport, while others may need to obtain a short-stay visa in advance. It's best to check with the nearest Andorran consulate or embassy for the most up-to-date information and requirements, as these can change from time to time.





LYME AND CO-INFECTIONS

03

LYME AND CO-INFECTIONS

THE PATHOGENS AND THEIR RELATED CONDITIONS

At IAH Wellness we understand the great challenges of navigating the different treatment options for Lyme and other epidemiological vector-borne infections.

Lyme and related co-infections affect the body in a multitude of ways, and we believe it should be treated on a case-by-case synergistic basis using methodology based on both Western and Eastern practice.

Lyme disease: Lyme disease (Borreliosis) is a bacterial illness caused by the bacterium *Borrelia burgdorferi*. It is typically transmitted through the bite of infected black-legged ticks, commonly known as deer ticks. The disease can be found mainly in Europe, North America, and temperate Asia.

The most common symptom of Lyme disease is a bull's-eye shaped rash that occurs at the site of the tick bite, but not all individuals with Lyme disease develop this rash. Other symptoms can include fatigue, fever, headache, muscle and joint aches, and swollen lymph nodes. If left untreated, the bacterium can spread to the joints, heart, and nervous system, causing more serious symptoms.

Although Lyme disease is caused by *Borrelia burgdorferi*, ticks can also transmit other pathogens that can cause co-infections. Some common co-infections associated with Lyme disease include:

Bartonella: This is a bacterium that can cause several illnesses, including cat-scratch disease, trench fever, and endocarditis (infection of the heart valves). Patients with *Bartonella* often experience neuropsychiatric symptoms.

Babesia: This is a parasite that can cause Babesiosis, a malaria-like illness.

Anaplasmosis: This is caused by the bacterium *Anaplasma phagocytophilum*, which can lead to symptoms such as fever, headache, muscle pain, and confusion.

Ehrlichiosis: This is caused by the bacterium *Ehrlichia chaffeensis*, which can cause symptoms such as fever, headache, muscle aches, and fatigue.



Rocky Mountain Spotted Fever: This is caused by the bacterium *Rickettsia rickettsii* and can cause symptoms such as fever, headache, muscle pain, and a rash.

These co-infections can sometimes cause symptoms that are similar to those of Lyme disease, making it difficult to diagnose. In some cases, a person can be infected with more than one of these pathogens at the same time, which can lead to more serious illness.

Multi-Systemic Infectious Disease Syndrome (MSIDS)

It's critical to consider Lyme disease and its co-infections as a multi-system condition. The infection is only one factor. Cells are directly affected by infection, but there is also the associated immunological dysfunction. With immune dysregulation, there is the potential for toxicity to come from parasitic or fungal infections, mycotoxins, and environmental exposures (mold, heavy metals etc.), as well as from the disease itself. Allergies, gut dysbiosis, dietary inadequacies, mitochondrial dysfunction, and endocrine and metabolic issues are all potential side effects. With multiple symptom variability often unique to each patient, having an experienced practitioner is key to connecting the dots to confirm diagnosis and treatment.

Elevated Virus Titers

Many Lyme patients also demonstrate elevated titers for viruses including but not limited to: Epstein Barr (EBV), Herpes Simplex (HSV 1,2&6), Varicella Zoster (VZV) and Cytomegalovirus (CMV).

Viruses can stay in a dormant state in our bodies until reactivated; reactivation can be triggered by both external and internal factors such as severe stress or illness which result in the immune system coming under further pressure.



LACI® TREATMENT PROTOCOL

At IAH Wellness we are very is pleased to be able to offer Lyme and co-infection sufferers an alternative approach to consider in the treatment of these pathologies.

LACI®, pronounced “Lay-see”, is the synergistic treatment protocol developed by IAH Wellness for Lyme and co-infections. It is a customized four-phase protocol that establishes the cornerstones of the treatment: IPT, IV Immunotherapy, Probiotics and Herbal Treatment.

By using this synergistic four-phase approach, we are able to target, weaken and treat the necessary pathogens in parallel and, in doing so, achieve a higher success rate.

LACI® four phase protocol



IPT:

Through the use of IPT we can attack and weaken the **infection**.



IV immunotherapy:

Through intravenous immunotherapy we achieve detoxification and reduction of the **inflammation**.



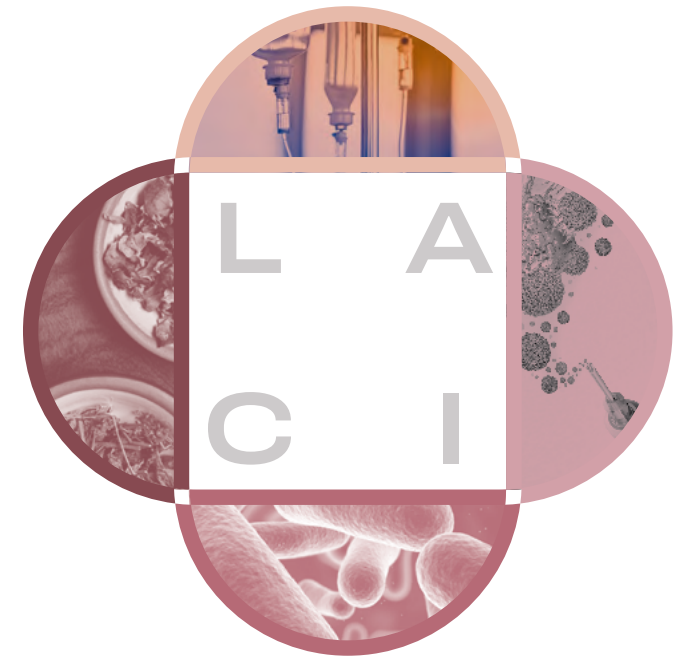
4th Generation human origen probiotics:

Through the use of 4th generation probiotics of human origin, we achieve to restore and rebuild the gut microbiome.



Herbal treatment:

Finally, the herbal treatment is applied to strengthen and protect the **immune system** from current and future infections.



LACI® TREATMENT PROTOCOL

In line with the LACI® protocol, we use a wide range of oral supplements and stationary treatments.

The LACI® protocol is divided into a pre-treatment phase at home before coming to the clinic, on-site clinical treatment and a post-treatment phase at home.

The pre-treatment phase allows us to prepare the patient by gently moderating inflammation, intestinal toxicity

and decreasing the overload of the intestinal tract and immune system so that the organism responds better to the clinical treatment on site.

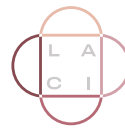
Post-treatment is a guided oral supplementation phase in which we combine antimicrobial herbs with our probiotic protocol and oral supplements. During this phase, we constantly monitor patients and evaluate the process until the goal is finally reached.

TREATMENT PHASES

Phase	Pre-treatment*	Clinic treatment	Post-treatment
Period	30 days	30 – 45 days**	240 – 270 days
Treatment	Supplements	IPT IV Immunotherapy Probiotics	Herbal treatment Probiotics Supplements

* Recommended whenever possible

** Treatment days, not calendar days



TESTIMONIALS

"Lyme disease can be an unpredictable medical journey. IAH Wellness' approach gave us hope and peace of mind when we felt we had exhausted all traditional treatment options."

The Brown Family

"We are amazed at these quick results! We have not seen anything like this in the last almost nine years of many treatments! We highly recommend IAH Wellness. They are very good at paying attention, caring and a good listener."

The Cook Family

"Hello, I have finally finished my trip to Andorra for a month for IAH treatment. After about 7 years of doing the rounds of doctors in Australia, being gaslighted said I was all in my head basically house bound felt like I had the flu every day, and pain, lots of pain you all know the routine. I am starting to feel normal again can't thank the IAH team enough. Alex and the Roc Blanc hotel team could not have been more helpful. I am so happy to have taken this leap of faith and fully trusted IAH Wellness and their treatment protocol and am looking forward to the future and getting my life back."

S. Brooke

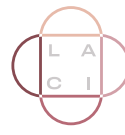
"I too want to add to the stories of hope and share the experience my husband and I just had at the new clinic in Andhra Pradesh. had at the new clinic in Andorra. We spent our weeks with IAH Wellness and their wonderful staff. Our



experience was sunshine and wonderful soul. I am now eating everything with easy digestion - which is a first - I have not been able to say that in 45 years!

My eyesight is a little better and I need less sleep, even after jet lag. We have never felt insecure, we have always been confident in the follow up and care given at all times. We really appreciate it. The doctors at the clinic in Andorra, Dr. Maria and nurse Adrian, Martin, Natalia, Omar, and the people behind the counter, we look forward to a picture of the team as we appreciate you so much every day, (we were in your hands) and you will always be in our hearts!"

K. Davey





T R E A T M E N T S

04

INCLUDED TREATMENTS

FOLLOWING TREATMENTS ARE INCLUDED IN THE LACI® PROTOCOL

At IAH Wellness, the LACI® Protocol focuses on IPT (Insulin Potentiated Therapy). In order to optimise the overall treatment benefits for the patient, IAH Wellness has also included the adjuvant treatments described hereafter as part of the Lyme and co-infection treatment package.

IPT (Insulin Potentiation Therapy)

Insulin potentiation therapy was first developed in Mexico by Dr. Donato Perez Garcia, Sr. in 1932. Through research, he realized insulin had special properties that could treat certain diseases and chronic infections. It is also believed that insulin and glucose given in conjunction with certain medications better target the treatment to the affected cells, rather than the healthy cells.

When a patient is induced to a hypoglycemic state within a predetermined blood glucose range, pathogens can be targeted for significant reduction. The mechanism utilizing insulin causes the membranes of cells to become more permeable, to allow energy (glucose) in,



the permeability is critical for getting the pharmaceutically effective compounds to the areas where the pathogens are aggregated.



IV IMMUNOTHERAPY

Intravenous immune therapy includes immune boosting and detoxification protocols that can provide various benefits depending on the specific cocktail of fluids infused, including but not limited to: Vitamin C, Vitamin D, Curcumin, Glutathione, Methylene Blue. Common benefits include rapid hydration, supporting the immune system, improving energy levels and promoting detoxification processes. Some types of intravenous therapy can also aid in sports recovery and improve skin health.



PROBIOTICS

The importance we place on bacteria is not accidental. They are the most widespread form of microorganisms, but they are also the most present in our microbiota. That is why they are the “ingredient” contained in human-derived probiotics, because they are the ones that can contribute to the repopulation of our intestinal ecosystem.

Human Origin Generation IV probiotics:

- Are able to arrive with their viability conditions intact to the area of colonization where we are interested in them acting.
- They have the ability to form permanent colonies
- They adhere to the intestinal epithelium, helping to preserve its integrity.
- Ensure that the CFU's of the product are not “lost” on the journey from the capsule to the intestine, thanks to their double coating.
- Intestine, thanks to their double protective coating
- Their composition with specific strains, without creating multi-strain formulations, prevents microorganisms from competing microorganisms from competing with each other.



HERBAL TREATMENT

One of the methods of supportive treatment of Lyme disease and co-infections is phytotherapy. It is a treatment using the health-promoting properties of herbs. Active ingredients contained in herbs affect the body comprehensively. Thanks to their numerous properties, they alleviate the symptoms of Lyme and co-infections. Supporting the treatment of these diseases with herbs involves the use of various herbal compositions that have a wide range of effects, including:

- Cleansing
- Anti-inflammatory
- Stimulating the immune system
- Urinators
- Antioxidante

One of the most famous and leading researchers of Lyme disease is the phytotherapist Stephen Harrod Buhner. He developed the Buhner protocol based on herbal therapy, incl. with the use of vilcacora, Siberian ginseng and Japanese knotweed and many others.

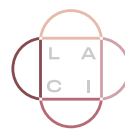
Some of the botanical protocols we use for the herbal treatment of Lyme and co-infections include supportive herbs and tinctures from the Buhner, the Byron White and the Bowden Protocol.

ANTIVIRAL IV THERAPY

Antivirals can and will be added to the treatment Protocol to address elevated viral titers.

ANTIFUNGAL IV THERAPY

Antifungals can and will be added to the treatment Protocol to address elevated fungal infections.



ADDITIONAL TREATMENTS

THE FOLLOWING TREATMENTS ARE NOT INCLUDED IN THE LACI® PROTOCOL

At IAH Wellness, we are pleased to be able to offer the following supportive treatments to the LACI Protocol.

Browns Gas Brown's Gas or 'Oxyhydrogen' is an inhalation therapy that is administered through a nasal cannula and has multiple applications.

INUSpheres® Environmental Apheresis we are delighted to be able to offer a cutting edge solution to reduce toxic burden and environmental contamination in patients through Environmental Apheresis. Not to be confused with traditional dialysis, Environmental Apheresis uses specialized filters to remove malformed autoimmune antibodies, inflammatory mediators (including CRP and TNF-a), environmental toxins and virus particles from the blood. By removing sources of inflammation and reagents, the body can rebalance itself.

Hyperbaric oxygen therapy involves breathing pure oxygen in a pressurized environment. The lungs can absorb much more oxygen under these circumstances than if pure oxygen were inhaled at standard air pressure. Due to helping in reduce inflammation, treat infections and repair damaged tissues, hyperbaric therapy can be an effective treatment for a variety of chronic diseases, including autoimmune, neurological and other conditions.



Hyperthermia or hyperthermic treatments is a type of treatment in which body tissue is heated to a temperature of up to 41.6 - 41.8oC to help damage and eliminate malignant cells with little or no damage to normal tissue. Intravenous Ozone Therapy Ozone therapy uses medical grade ozone to increase the amount of oxygen in the body. Increased oxygen levels in the body can stimulate the immune system and promote healing through cell regeneration. Ozone gas is usually dissolved in a blood sample and then reintroduced into the body intravenously through a process called autohemotherapy.

Mitolight® Phototherapy, also known as light therapy or photomodulation, uses light to treat a variety of conditions. It involves the use of specific wavelengths of light to stimulate the body's natural healing processes and improve various physiological functions. Red light therapy is a natural, non-invasive technique that has the ability to promote the body's own immune responses.





GETTING READY

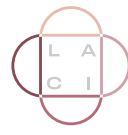
05

GETTING READY

To make your arrival at the clinic relaxed and smooth, we have compiled some important information below to facilitate your preparations and arrival.

Travel in comfort, but the following should not be missing:

- Warm clothing (depending on the time of year). Clothes and hiking shoes.
- Indoor sneakers.
- Rain gear.
- Sportswear, skiwear, and swimwear.
- Comfortable clothes for the day.
- Dress clothes for any occasion that may or not arise.
- A (new?) diary.
- Books that you also wanted to read for a long time. Gear up with your favorite music and comfortable headphones.
- Up-to-date medical reports, prescribed medications prescribed medications in sufficient quantity (or the corresponding prescriptions from your family doctor).
- We will provide you with hand and bath towels, bathrobe, bath slippers and hairdryer.





GENERAL TERMS AND CONDITIONS (GTC)

06

GENERAL TERMS AND CONDITIONS (GTC)

I. Scope of application

- 1 These Terms and Conditions shall apply to contracts relating to inpatient treatment and to all services provided by the Clinic to patients.
- 2 Other terms and conditions, even if included in the patient's General Terms and Conditions of Business, shall not apply unless the Clinic expressly accepts them in writing.

II. Formalization of the contract

- 1 By sending us a confirmation of the reservation, the reservation shall be binding.
- 2 To effectively cancel the contract, the cancellation must be communicated in writing. If the booking is for an upcoming date, 1 day after receipt of the booking confirmation.
- 3 In consultation with the clinic's Reservations Department and subject to availability of rooms, visitors and accompanying persons may be accommodated in the same room but never exceeding the maximum number of guests per room.

III. Cancellation/Waiver

- 1 Cancellation charges are fixed as follows:
The patient may cancel or modify his/her reservation exclusively in writing up to 28 days prior to the date of arrival without incurring any charges. If later, the following cancellation fees will be charged to the guest/patient:
I: From 27 to 14 days before arrival = 50%
II: From 13 to 7 days before arrival = 75%
III: Less than 7 days before arrival = 100%

- 2 In case of early departure during the stay or late arrival, the amount of the originally booked stay will be invoiced.
- 3 In case of non-compliance with the clinic's regulations, IAH at Roc Blanc shall be entitled to discontinue treatment at the patient's expense.
- 4 Meals not consumed will not be refunded.

IV. Services, prices, payments

- 1 In our written offer we will indicate the total price for the type of stay in the clinic requested by you. As a sign of acceptance of the offer, you must pay a deposit of 50% for the initial stay.
This payment guarantees the reservation. If we have not received the advance payment of 50% by the deadline indicated in the offer, the reservation will be cancelled.
- 2 The payment of the remaining amount of the price of the stay is due 14 days before the date of arrival. If payment has not been received on this day, it must be made at the arrival date, otherwise the clinic has the right to waive the reservation with no refund made.
- 3 Upon arrival, a credit card must be deposited as a guarantee.
- 4 The invoice for any additional services contracted during the stay, will be settled before departure.
- 5 All services will be billed according to our current updated service catalog. Older rates and clauses are not valid. We reserve the right to make changes.
- 6 Most prices are inclusive of VAT. Prices subject to VAT will be automatically updated if the underlying rate is changed.



V. Arrival/Departure

- 1 The guest/patient shall be accommodated in a room of the reserved category. A specific room number cannot be requested.
- 2 On the day of arrival, the patient may occupy the room from 16:00 onwards.
- 3 On the day of departure, the room must be vacated before 12:00.
- 4 If you wish or need to extend the reserved and confirmed period or make any changes to the reserved stay, you must contact the Admissions department. In general, this is only possible with the reservation of a possible change of room and in consultation with your physician.
- 5 Guests/patients visiting the clinic for the first time must present a valid ID/passport and a valid credit card upon arrival.

Personal belongings / Liability

IAH at Roc Blanc cannot accept any responsibility for personal belongings, especially jewelry, documents, and cash. We recommend that you use the safety deposit box in the room.

IAH and Roc Blanc strictly prohibit the use of tobacco on the entire premises, during walks and in patient rooms.

The patient occupying the room is responsible for ensuring that third parties also comply with this prohibition.

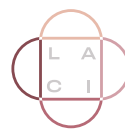
If a patient fails to comply with this rule, the Clinic is entitled to charge a lump-sum cleaning fee of 250 € (Euro) for special cleaning. The same applies if a third-party smokes in the room with the patient's knowledge or negligent ignorance. The patient is entitled to prove that no damage has occurred or, if so, that minor damage has occurred. Smoke detectors are special, extremely sensitive devices that detect smoke from both cigarettes and tobacco and activate the alarm instantly. If an alarm is triggered by smoke, the causer will be billed for the full cost of the alarm.

If an alarm is triggered by smoke, the cause of the alarm will be billed for the full cost of evacuation, fire department intervention and other subsequent expenses.

There is a smoking area in the parking lot.

VII. Final Provisions

- 1 Place of payment and performance is Andorra la Vella.
- 2 Place of jurisdiction is Andorra la Vella. The law of the Principality of Andorra shall apply.
- 3 Should individually provisions of these General Terms and Conditions be or become invalid or ineffective at present or in the future, this shall not affect the effectiveness of the remaining provisions.
- 4 In all other respects, the statutory provisions shall apply.





P R I C E S

07

PRICES

LACI PROTOCOL

Day 1 – 30:	1.100,00 €/day
Day 31 - 45	1.000,00 €/day
Day 46 -	950,00 €/day

Initial reservations are made in treatments of a minimum of 30 days. Additional treatment is decided when the patient and doctor deem it necessary.





IAH WELLNESS

CONTACT

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